

The Velvet Touch

Equine Sports Massage Therapy

Equissage ESMT IAAMT / BHSAI Fully Qualified & Insured

Sarah Bray - Mob 07900-276700

Email – sarah4horses@live.co.uk

Clients Notes (Owner to fill out and return – before the horse is treated)

Clients Name:

Clients address & phone numbers:

Horses Name:

Horse Age/Horse Breed/Horse Colour:

Yard Kept:

Farrier:

Vet:

Dentist:

Saddler:

Vet Informed: YES or NO

(Please note – clients are requested to inform their vet, before arranging an appointment)

Current Condition of the Horse to be treated:

Any stiffness, illness at present:

Horse currently used for:

Past History:

Drug History /Treatment History

I agree to payment on the day - *Initial assessment and treatment per horse is £40*

Signed (owner)

The Velvet Touch

Equine Sports Massage Therapy – Holistic (Whole Horse is treated)

Equissage ESMT / BHSAI

Sarah Bray - Mob 07900-276700

Email – sarah4horses@live.co.uk

Sarah Bray – Assessment

Is the horse sound on arrival:

Walk:

Trot:

Canter:

Seen Ridden:

Saddle fit:

Bridle:

Bit:

Training Aids used:

Areas of pain found:

Summary/advice given to owner:

Next treatment date:

Before your horse is treated:-

- 1. Please ensure he/she is clean.**
- 2. Fill out the” Client Notes” in full.**
- 3. Let your vet know that you are intending to have your horse massaged, in case he/she thinks it is not a good idea, for medical reasons.**
- 4. Have your tack available to be used if needed.**
- 5. Ensure you have payment with you – as it is required in full on the date of appointment.** *Initial assessment and treatment per horse is £40 plus VAT. (£48 payable to Rivermain Ltd) Further treatments from £25 plus VAT to £40 plus VAT.*

After your horse has been massaged:-

- 1. Immediately after massage, walk your horse at a fairly brisk pace for 5 minutes minimum.**
- 2. If your horse had a lot of muscular tightness, he may be sore the next day, but this will quickly disperse.**
- 3. Use follow up exercises daily.**
 - a) Back the horse up “in hand” sixty feet every day (without tack on)**
 - b) Use a carrot or treat to stretch your horse before and after riding – between front legs and from side to side.**
 - c) HILL WORK – Great for overall conditioning – always begin at walk and gradually work up to the next gate.**